

The Unitarian Universalist Church at Washington Crossing presents the Second

SAMSTONE

LECTURE EVENT

Navigating The Journey: Women and Spirituality in the Material World

A two-day event featuring

Ellen Frankel

NOVEMBER 1 AND 2, 2013

Friday, November 1 • Doors open at 6:30

7:00 • MEET THE SPEAKER (full registration ticketholders)

Special dessert reception for participants attending Friday and Saturday

7:30–9:00 • THE JOURNEY

With readings from her novel *Syd Arthur*, stories from her spiritual journey, and anecdotes from her pilgrimages and treks in the Himalayas, Ellen will explore the surprises, challenges, and joys that following a spiritual path can offer.

Saturday, November 2

10:00–12:00 • THE SAMSTONE LECTURE:
WOMEN AND SPIRITUALITY IN THE MATERIAL WORLD

In a world based on material values, how can we cultivate our spiritual selves? How we can keep moving forward on our spiritual journeys? Ellen will explore the challenges in both.

12:00 • LUNCH (included)

1:00–3:00 • SMALL GROUP SESSIONS

Ellen will explore lecture themes with each group.

Ellen Frankel is a woman on a journey. Born into a Jewish family, she has found inspiration not only in Judaism but also in Eastern paths, including yoga, meditation and Buddhism. Ellen is a dynamic speaker and frequent presenter at national conferences. She is also the author of several books, including the novel *Syd Arthur* and *Beyond Measure: A Memoir About Short Stature and Inner Growth*.

Registration is requested by Wednesday, October 23

Register for both sessions and save \$15!

- Full registration (Friday and Saturday) – \$60 (includes meet the speaker reception)
- Friday evening only – \$30
- Saturday only (includes lunch) – \$45
- Students (full registration with student ID) – \$25



Go to uucwc.org to register • Contact samstone@uucwc.org with questions